



# BELLA VI

SPA & AESTHETICS

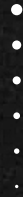
**MENU OF SERVICES**

Aging is inevitable. However, at Bella Vi, we want to help you reverse its effects. By choosing the best age-rejuvenating options for you, we can help increase your confidence and put you on the path to the best version of yourself—a more rested you that even looks a few years younger. Our goal is to be invisible—natural work is what we pride ourselves on—so that only you will know your beauty secrets. We offer numerous procedures, ranging from quick lunchtime procedures to more invasive options, which we can tailor to your needs, schedule, and budget. In addition, the Bella Vi staff continuously stays abreast of cutting-edge aesthetic treatments by offering the latest innovative procedures and staying up-to-date on training.

Bella VI Spa and Aesthetics is a premier medical spa in Evansville, Indiana, offering a full array of the world's most advanced cosmetic and medical services. Dr. Carol Ann Goodman, a board-certified physician, opened Bella Vi after surviving breast cancer and realizing how important it is to look in the mirror and feel like the best, most confident version of yourself regardless of what you may be going through. She performs all neuromodulator and dermal filler injections, PRP, and ablative laser treatments and has spent years honing her craft, staying ahead of the curve.



**FACE**



**INJECTABLES**



**BODY**

**BELLA VI**



## *Chemical Peels*

- ❖ Customized for individual needs to refresh and restore the skin
- ❖ Enhances anti-aging and skin disease treatments
- ❖ Helps improve texture, soften wrinkles and fine lines, smooth acne scars, diminish sun and age spots, and increase the skin's natural glow
- ❖ Improves skin pigmentation, melasma, acne, and rosacea
- ❖ Minimal downtime, minor flaking, peeling, or redness may occur 2 to 4 days after



## *Microneedling*

- ❖ A minimally invasive procedure that improves many skin texture issues
- ❖ Increases collagen by causing tiny micro-punctures in the skin, which stimulate collagen production
- ❖ Reduces the appearance of scars, fine lines, and wrinkles, acne, enlarged pores, sun damage, stretch marks, uneven skin tone
- ❖ Can help with hair growth
- ❖ Can be done using PRP to increase results

# *Morpheus 8 Face*

- ❖ Combines radiofrequency energy (heat) and microneedling in a single treatment
- ❖ Increases collagen and tissue remodeling to smooth lines, improve cellulite, minimize jowling, tighten the skin, and reduce uneven texture, fine lines and wrinkles, and under eye bags
- ❖ Achieves deep fractional results without affecting the outer layer as much, thus delivering better results with less downtime
- ❖ Helps to contour the face and other areas of the body
- ❖ Minimal downtime and full results in 90 days



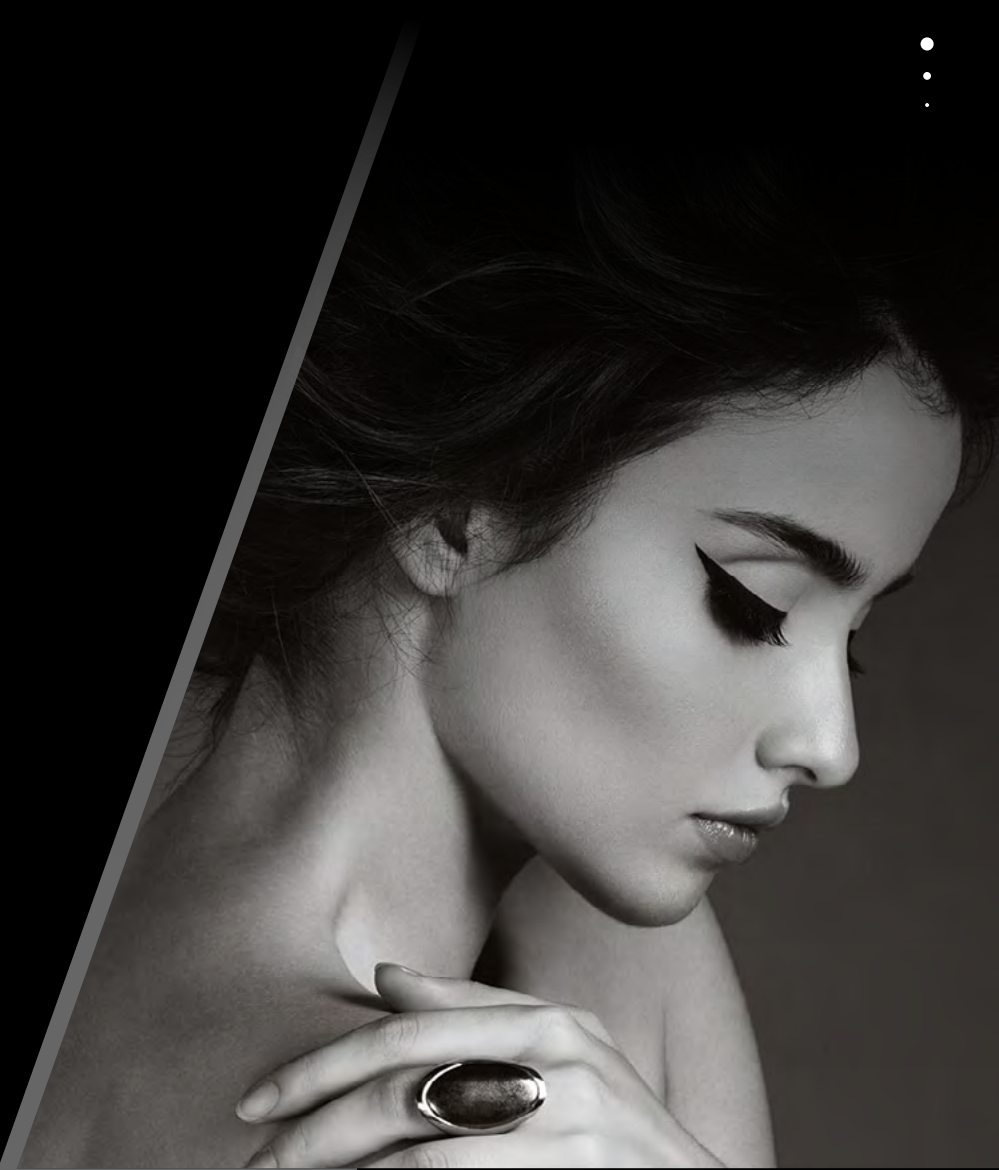
# *PRP Hair Restoration*

- ❖ PRP contains hormone-rich platelets, which stimulate blood circulation and delivers nutrients into hair follicles to encourage new hair growth
- ❖ Restores healthy hair growth and counteracts the effects of thinning hair
- ❖ Often combined with microneedling to awaken the hair follicles
- ❖ Works for both men and women experiencing small patches of thinning hair or hair loss
- ❖ Minimal downtime yet requires a series of treatments and may take up to six months to see the full results



# *Silhouette Instalift*

- ❖ Takes years off the appearance without a single incision, stitch, or scar
- ❖ Absorbable sutures lift the skin and tissues to improve jowls, wrinkles and sagging by increasing collagen production
- ❖ A non-surgical procedure that takes about one hour
- ❖ Results are natural and immediate and last 18 to 24 months



# *Cosmelan Peel*

- ❖ Improves pigmentation, acne scars, and lines in all skin tones and types
- ❖ A two-step peel procedure
- ❖ Noticeable improvement in skin tone after one month after the peel



## *AquaGold*

- ❖ Feature a one-of-a-kind patented system that painlessly delivers a custom blend of nutrients into the skin via tiny gold needles
- ❖ Stimulates collagen production and remodels existing collagen for enhanced skin appearance, quality, tone, and texture
- ❖ Improves dull and dry skin, enlarged pores, mild acne scars, fine lines around the lips and eyes, uneven pigmentation
- ❖ Skin is healthier, glowing, and refreshed a few days after treatment and peaks around the one-week mark
- ❖ Is painless and a no-downtime treatment
- ❖ Results last three and four months

## *Eyelash Growth Therapy*

- ❖ Latisse is the first and only FDA-approved treatment for thicker, fuller and darker lashes
- ❖ Treats eyelash hypertrichosis (the inability to grow eyelashes)
- ❖ Thickens and lengthens lashes in four to 16 weeks





# INJECTABLES

## *Neurotoxins*

- ⌘ Limits and relaxes the muscle motions that create “dynamic wrinkles”
- ⌘ Best for improving brow wrinkles and creases, smile lines, frown lines, crow’s feet, visible neckbands, lip lines
- ⌘ Can be used for preventative purposes in younger patients to avoid developing wrinkles and lines
- ⌘ Fast and pain free treatment
- ⌘ Results last 3-4 months
- ⌘ We carry the following neurotoxins: Botox, Xeomin, Dysport, & Jevau



## *Fillers*

- ⌘ Rejuvenates the skin and erases the effects of aging by stimulating collagen and elastin production
- ⌘ Improves fine lines around the lips, lines around the mouth, laugh lines, frown lines, aging hands
- ⌘ Smooths lines, wrinkles, and creases and adds volume to flat areas
- ⌘ Results can last up to 12-18 months depending on the product and area treated
- ⌘ We carry a full line of fillers including Juvéderm products, Radiesse, and more



# Special Filler Treatments



## Y Lift

- ❖ A dramatic, fast anti-aging treatment that can take years off your appearance
- ❖ Takes an hour to perform
- ❖ Establishes contour in the chin, jawline, and cheekbones and adds volume in areas where the face appears droopy and sagging, like the neck
- ❖ Uses hyaluronic acid injections deep within the skin to create a firming, lifting, and contoured effect of reshaping and redefining the jawline

## Non-Invasive BBL

- ❖ A non-surgical variation of the Brazilian Butt Lift (BBL) that uses dermal fillers, like Radiesse, to naturally create a more figure-flattering silhouette
- ❖ Restores shape and roundness to a butt that has been flattened by aging, pregnancy, or massive weight loss
- ❖ Immediate lift and fullness, and the results, which last three to five years, improve with time
- ❖ Minimal downtime with a non-surgical BBL



## Lip Filler

- ⌘ Hyaluronic acid filler creates fuller, plumper lips
- ⌘ Can correct asymmetrical and thin lips and a droopy mouth while enhancing the lip shape
- ⌘ Added volume enhances the contours of the mouth
- ⌘ Results are immediate and usually last up to one year



## Hand Rejuvenation

- ⌘ Restores volume and a youthful appearance to hands that show prominent tendons and veins and look wrinkled and bony
- ⌘ The procedure consists of injecting the backs of the hands with Radiesse, an FDA-approved dermal filler, and restores lost volume in the back of the hands
- ⌘ Stimulates the natural production of collagen for an enhanced appearance
- ⌘ Results are immediate and continue to improve in the coming weeks for smoother, softer, younger-looking hands that last one year or more.

# *Kybella*

- ⌘ FDA-approved to melt away tiny pockets of fat under the chin by permanently destroying fat cells under the chin
- ⌘ Creates a more defined and contoured jawline-to-chin area
- ⌘ Treats a double chin, the back and bra line, underarms, knees, and lower buttocks
- ⌘ A series of treatment is needed
- ⌘ The treatment is painless, but there is a period of swelling and bruising a few days post-injection





# BODY

## *CoolSculpting*

- ❖ Treats small pockets of stubborn fat that won't go away
- ❖ Eliminates fat on the abdomen, love handles, muffin top, double chin, inner thighs, outer thighs, upper arms
- ❖ A fast, easy, and painless non-invasive treatment that does not require any downtime
- ❖ Results are permanent



## *CoolSculpting Elite*

- ❖ Offers doubles the power to reduce fat and sculpt the body effortlessly
- ❖ Accomplishes twice as much body contouring as CoolSculpting Legacy in half the time
- ❖ Leaves the body slimmer, more toned, and better sculpted
- ❖ Treats unwanted fat cells on the belly, outer and inner thighs, under the buttocks, back, bra rolls, flanks (love handles), upper arms, under the chin, around the jawline

## *Laser Hair Removal*

- ❖ LightSheer laser hair removal device is comfortable (some describe it as similar to the feeling of a rubber band snapping on the skin) and effective
- ❖ Permanently removes unwanted hair using a clinically proven laser technology
- ❖ Fast and painless treatment that works on all skin tones and types to remove unwanted hair and reduce the appearance of pigmented or vascular lesions
- ❖ Is safe to use on any area of the body—even the most delicate areas of your face or body
- ❖ Provides long-lasting smoothness



## *Laser Tattoo Removal*

- ❖ PicoSure laser tattoo removal system lightens and erases unwanted tattoos while restoring the skin to leave it free from residual tattoo ink
- ❖ PicoSure is FDA-approved and uses short bursts of laser energy that are 100 times faster than previous applications for better results, faster sessions, and no adverse effects on the surrounding skin
- ❖ Effective on large and colorful tattoos
- ❖ On average, six treatments are needed to eliminate a tattoo





## *Laser Vein Removal*

- ❖ Focused laser beam therapy banishes dark and pronounced spider veins
- ❖ A laser emits heat to destroy the vein without affecting the skin or surrounding tissue and quickly destroys the vein
- ❖ Gemini Laser is FDA-approved to treat visible broken facial capillaries around the nose and eyes without damaging the skin

## *Miradry*

- ❖ FDA-approved for reducing underarm sweat
- ❖ Kills the underarm's sweat glands from producing sweat for long-lasting improvement
- ❖ Non-invasive, pain-free treatment with immediate results and no downtime







## Scar Treatment

- ❖ Uses a customized microneedling approach with PRP to reduce the appearance of scars
- ❖ Micro-needling creates micro-injuries in the skin, and the healing process stimulates collagen, which fills in depressions within the scar.
- ❖ Adding PRP creates more thorough healing and a better regenerative response
- ❖ Scar improvement is seen two to three months after treatment
- ❖ Results can last up to one year, depending on your skin, type of scar, and age

## Ultherapy

- ❖ An ultrasound-based treatment that tightens and firms saggy brows and skin on the face, neck, and décolletage without surgery
- ❖ The FDA-approved treatment uses focused ultrasound energy to lift, tone, and tighten loose skin without downtime
- ❖ Produces collagen to lift skin in the brows, jowls, sagging facial skin, chin, neck, and décolletage



# Cooltone Muscle Toning

- ❖ A cutting-edge treatment that firms, trims and sculpts the muscles in the arms, buttocks, thighs, lower legs, and abdomen from the makers of CoolSculpting
- ❖ FDA-approved to penetrate specific layers of skin and fat to trigger super-rapid muscle contractions that build muscle mass and melt fat surrounding the muscles
- ❖ A series of 30-minute treatments are needed, and results are seen after a few sessions



# Emsculpt Neo

- ❖ Non-invasively burns fat and bulks muscle with a combination of radiofrequency and electromagnetic energy (HIFEM)
- ❖ The combination body contouring device tightens, tones, and rejuvenates and reduces unwanted fat deposits in the biceps, triceps, buttocks, abdomen, and calves
- ❖ Energy pulses contract the muscles like a rigorous workout, triggering contractions that sculpt the treatment areas
- ❖ Each session is 30 minutes
- ❖ Results can last six months, but maintenance sessions are necessary



## *Morpheus 8 Body*

- ⌘ A RF microneedling device that treats the skin on larger body areas for tighter, smoother, and improved skin
- ⌘ Uses FDA-approved radiofrequency microneedling technology for deep tissue remodeling
- ⌘ Create “micro-injuries” within the skin that stimulate the production of new collagen and elastin to remodel the skin and also melt small pockets of fat
- ⌘ Skin emerges with improved tone and texture and less visible cellulite, scars, laxity, hyperpigmentation, wrinkles and stretch marks
- ⌘ Results may be noticeable as soon as after the first treatment, but two to three sessions provide the best results, which last two to four years





# GET STARTED WITH BELLA VI MEDSPA

If you're ready to rejuvenate your skin and make it look young, fresh, healthy, and glowy, now is the time to book a consultation with Bella Vi MedSpa. A one-on-one consultation with our experienced staff will determine the best treatment for you. We can also customize a package specific to your skincare needs so that you can obtain the best results possible.

Click the button below to schedule a consultation or book your appointment today!

[SCHEDULE A CONSULTATION](#)

A large, white, stylized logo consisting of the letters 'N' and 'B' intertwined. The 'N' is on the right, and the 'B' is on the left, with their stems overlapping.

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